

The Handbag Book of Girly Emergencies

By: Jacqueline Burns | Laurel Glen Publishing, Advantage Publishers Group
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HOT TIPS FOR LOOKING LIKE A BEACH BABE, NOT A BEACHED WHALE, IN YOUR BIKINI

✓Go for a size-up rather than one that will be biting into you and revealing slight bulges on your back or buttocks.

✓Make sure you try bending down, sitting and stretching when you try one on, or you may be in for a big shock on the beach. This even applies to you skinny girls.

✓That push-up number may be great in a changing room, but once it's wet and you bend down to adjust your towel-oops!

✓You don't have to stick to "slimming black"—bright colors can flatter just as much, and

patterns like polka dots keep the eye moving around and away from your figure.

✓Go for bright, fun, and stylish accessories such as a bandana, trendy earrings, big shades, or girly flip-flops to make you feel good and look cool. Think curvy, glamorous, film-star look.

GIRLY VACATION ESSENTIALS KIT

✓Aloe vera gel is wonderfully soothing for sunburned skin, bites, or stings—available from pharmacists.

✓Essential oils—citronella, lavender, and tea-tree oils—deter insects.

✓Multivitamin tablets—to boost your immune system.



JaanVi 24k Gold Rejuvenating Skin Gel
- A crystal clear anti-aging, cleansing gel enriched with 24k gold.

✓Emergency first-aid kit. Pack separately from toiletries in case of spillage.

✓Remember to pack this or any medicines in carry-on luggage.

✓If you are traveling with a companion, pack half you stuff in each case—if one goes astray, you at least have some clothes to wear.

✓Take a long-sleeved shirt or top to cover up if you get burned—or to protect from mosquito bites in the evenings.

After the bride, it's the next most beautiful sight.



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